**List: Suggested basic supplies**

You won’t need to have *every* item in the Supply Kit, but you will need some basic items to run activities with adolescents: These include:

| **Item** | **Quantity** | **Description** | **Notes** |
| --- | --- | --- | --- |
| **Bag, container or trunk**  | 1 | Should be strong, lightweight, waterproof, ideally with a strong strap or handles | Can be used to carry all of the supplies |
| **String, rope or cloth** | 1 | Should be strong | To serve as a strap for the supply bag or container (if it doesn’t have one) so it can be carried or hung up |
| **Smaller bag or container** | 2 | Should be lightweight and waterproof | Can be used to keep supplies such as pencils and paper dry and organised |
| **White/black board or flip chart** | 1 | Should be portable, lightweight and reuseable | Can be used by facilitators or adolescents to write notes or instructions |
| **Chalk or erasable markers** | 18 packs | 4 markers/chalk pieces per pack | Can be used to write on a white board/black board |
| **Hard sheets** | 4 | Can be cardboard, plastic or another hard material  | Adolescents can put paper against them to write/draw on and/or use them as ground sheets to sit on |
| **Plain Paper** | 3 packs | 500 sheets/pack, Can be manilla, composition or coloured paper | Can be used for adolescents to draw and write on |
| **Pencils** | 50 | Both regular and coloured if possible | Adolescents can use for writing or drawing |
| **Pencil sharpener** | 4 | Small | Those with sharp edges should be stored and used carefully  |
| **Scissors** | 4 | Medium | Should be used carefully as they have sharp blades |
| **Glue sticks** | 4 | Extra strength if possible | Can help attach one piece of paper to another |
| **Art supplies** |  | Paints, crayons, etc. | Include anything that adolescents can use to make art! |

Please note that these are simply **estimates** of how many items you might need for working with a group of approximately 50 adolescents over a three-month period! Do what makes sense for adolescent girls and boys in your particular situation – and remember that some items may be used up more quickly than others.